



Integrative medicine in Italy and the Tuscany experience



Elio Rossi

**Homeopathic Clinic - Hospital of Lucca
Tuscan Network for Integrative Medicine**

*From Disease Treatment
to Health Creation*



**Gesundheit ermöglichen.
Gemeinsam.**



**International Congress
for Integrative Health & Medicine**

*From Disease Treatment
to Health Creation*

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Integrative medicine in Italy and the experience of the Region of Tuscany

Dr. Elio G. Rossi

Ambulatorio di omeopatia –
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AIHM Academy of Integrative Health & Medicine | DAM+D | THE INSTITUTE FOR FUNCTIONAL MEDICINE | H | UNIVERSITÀ DI FIRENZE | EURICAM

Complementary medicine in Italy

- In Italy today there are almost **2000 MDs using acupuncture**, more than **7000 homeopaths**, about **20,000 MDs with an homeopathic training** and approximately **300 MDs who have completed the course on anthroposophy**.
- We can calculate that there are at least **20,000 Italian practitioners (physicians, dentists, veterinarians) prescribing homeopathic, included homotoxicological and anthroposophical medicines**.
- In Italy homeopathic medicines are found exclusively in the pharmacy and they are sold by most of them.
- In 2000, **at least 7000 pharmacies out of 16,000, (43%), had a section for homeopathic and/or herbal remedies**. At this moment, we can calculate that around 90% of the Italian pharmacies can offer homeopathic and phytotherapeutic products. In addition there are more than **4,000 herbal shops (*erboristerie*)** regulated by law since 1931.

National law on CM regulation

- Italian Government and Parliament have been urged to pass a national law regulating the practice of NCM.
- No such law has yet been passed. Since 1986, year of the first law proposal (On. M.P. Garavaglia) more than 50 draft bills about NCM regulation have been tabled without any results.

Guidelines of the FNOMCeO on Non conventional medicines and practices

- ‘On 18th May 2002, at Terni, the National Council of the Italian National Federation of Medical Doctors and Dentists Associations (FNOMCeO), issued the “Guidelines of the FNOMCeO on Non conventional medicines and practices.
- They recognized **nine NCMs: acupuncture, traditional Chinese medicine, ayurvedic medicine, homeopathy, anthroposophic medicine, homotoxicology, phytotherapy, chiropractic and osteopathy.**
- These practices are considered exclusively under the professional responsibility of medical doctors and dentists.
- They must be **“to all effects medical practice”**

Complementary Medicine education and training

- Continuing Medical Education (CME) in general (conventional) medicine is obligatory for all medical doctors in Belgium, France, Italy, Latvia, Lithuania, Slovakia (controlled by the government) and in Austria, Bulgaria, Czech Republic, Germany, Hungary, Lithuania, Poland, Romania, Slovakia, Slovenia, Switzerland and the United Kingdom (controlled by the national medical associations/chambers/councils).
- **In Italy Complementary medicine courses are generally CME-accredited.**
- At this moment we can consider that there are, or there have been till the last year, **“High specialization courses”, or “Masters”, or “Elective courses”** included within the basic teaching programs of quite many Italian Universities, such as **Torino, Milan Statale and Milan Bicocca, Brescia, Bologna, Firenze, Siena, Pisa, Roma, Chieti, Cosenza, Palermo.**

Federation of Chambers of Medical Doctors Dentists: Toward national rules of education and training in Complementary Medicine.



2002: FNOMCeO – Terni resolution

2006: Constitution of the Inter-regional group «Complementary Medicine» at the Health National Commission of State and Region Conference

2007: Tuscany Regional Law n. 9/2007

2008: Protocol of Agreement between Region and Professional Associations

2009: Regional Rules for CM Accreditation (Act n. 993/2009) FNOMCeO – Guide Lines approbation

2010: FNOMCeO – Guidelines on Non Conventional Medicine regulation of training and practice

2013: Approbation of the Agreement among the Italian National Government, the Regions and the Autonomous Provinces in relation to the terms and requirements for the quality certification of training and practice of Acupuncture, Phytotherapy and Homeopathy by medical doctors, odontologists, medical veterinaries and pharmacists

Italian National and Regional (Federal) Healthcare System

- The Constitutional Law n. 3 of 18 October 2001, has reformed most part of the Title V of the Italian Constitution, making a so called form of “Federalistic State”
- The rule of the State (Government, Ministry, etc) is to fix the “fundamental principles” on different subjects (education, urbanistic, ...) and also in healthcare.
- The rule of the Regions is to decide how to put in practice and organize healthcare model, according to the political and social perspective of each region.
- To all the Italian citizens the “Essential level of assistance” (LEA) are guaranteed, which means that every person has the right to have a minimum level of healthcare, in each hospital of each region in the country.



CAMs included in the Regional Essential Level of Assistance (LEA)

- The Government Act DPCM of 29/11/2001 has excluded **agopuncture, phytoterapy, homeopathy and other CAMs, from the Essential Level of Assistance (LEA).**
- In spite of this decision, some regions, such as **Toscana, Bolzano, Umbria, Valle d'Aosta**, partially in **Campania** and only for specific research projects, also **Emilia Romagna**, have included CAMs in their *regional LEA*.
- Untill March 2006, according to a census made by CAM Associations, there were in Italy at least **150 public Complementary Medicine clinics for outpatients** in more or less all the Italian regions.

The Italian Permanent Conference State and Regions and the Autonomous Provinces of Trento and Bolzano

The Conference of State-regions. Instituted by Law 400/1988 and enhanced years later (Law 59/1997 and Legislative Decree 281/1997), it constitutes “privileged platform” for multi-level political negotiation and collaboration in Italy. It is composed of the Prime minister (or the Minister of Regional Affairs) as chairman; the Presidents of the regions; and other ministers when matters related areas of their competence are discussed. The central government consults Conference on any legislative initiative related to areas of regional interest. At least twice a year, the Conference State-regions meets in a so-called “Common session” to address European Union matters that also affect regions and provinces. The Conference can play an advisory, normative and programmatic role and serve as a platform facilitating information sharing.²⁵



Inter-regional group on «Complementary Medicine»

CONFERENZA DELLE REGIONI E DELLE PROVINCE AUTONOME

GRUPPI TECNICI INTERREGIONALI TEMATICI

- **COOPERAZIONE SANITARIA INTERNAZIONALE**

(*coordinamento*: Veneto)
Maria José Caldes Pinilla, 055/5662376
mj.caldes@meyer.it

- **FARMACEUTICA**

(*coordinamento*: Toscana)
Loredano Giorni, 055/4383046
loredano.giorni@regione.toscana.it

- **FASCICOLO SANITARIO ELETTRONICO – ex Privacy**

(*coordinamento*: Veneto)
Antonella Barlacchi, 055/4384548
antonella.barlacchi@regione.toscana.it

- **IMMIGRAZIONE E SERVIZI SANITARI**

(*coordinamento*: Marche; *vice-coordinamento*: Sicilia)
Ilaria Lombardi, 055/4385343
ilaria.lombardi@regione.toscana.it

- **LEGGE 210/92**

(*coordinamento*: Veneto)
Paola Nerli, 055/4383149
paola.nerli@regione.toscana.it

- **MEDICINE COMPLEMENTARI**

(*coordinamento*: Toscana)
Sonia Baccetti, 055/4383569
sonia.baccetti@regione.toscana.it

- **NON-AUTOSUFFICIENZA**

(*coordinamento*: Liguria)
Barbara Trambusti, 055/4383501 (segreteria)
barbara.trambusti@regione.toscana.it

- **PROCREAZIONE MEDICALMENTE ASSISTITA - PMA**

(*coordinamento*: Veneto)
Marco Menchini, 055/4383441
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- **PROTESICA**

(*coordinamento*: Toscana)
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- **RISCHIO CLINICO**

(*coordinamento*: Toscana)
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- **SALUTE MENTALE**

(*coordinamento da definire*)
Lorenzo Roti, 055/4383581
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- **SANGUE**

(*coordinamento*: Veneto; *vice-coordinamento*: Sicilia)
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- **SANITÀ ELETTRONICA**

ex Sistema Informativo
(*coordinamento*: Calabria)
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- **SANITÀ PENITENZIARIA**

(*coordinamento*: Emilia Romagna)
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- **TERME**

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The Italian Permanent Conference State and Regions and the Autonomous Provinces of Trento and Bolzano

The Conference of State-regions. Instituted by Law 400/1988 and enhanced 15 years later (Law 59/1997 and Legislative Decree 281/1997), it constitutes a “privileged platform” for multi-level political negotiation and collaboration in Italy. It is composed of the Prime minister (or the Minister of Regional Affairs) as chairman; the Presidents of the regions; and other ministers when matters related to areas of their competence are discussed. The central government consults the Conference on any legislative initiative related to areas of regional interest. At least twice a year, the Conference State-regions meets in a so-called “Common session” to address European Union matters that also affect regions and provinces. The Conference can play an advisory, normative and programmatic role and serve as a platform facilitating information sharing.²⁵

Inter-regional Technical Group on “Complementary Medicine” at the State-Regions Conference

- Health Commission of State–Regions Conference promoted the establishment of an **Inter-regional Technical Group on Complementary Medicine (CM)** formed by delegates of most Italian Regions.
- Main aim of the Inter-regional Table is to propose **research** and **rules for CM practice**, homogeneously in the whole Italian Nation.



Regional Law of regulation of “Bio-natural disciplines”

In 2005 the Regional Council passed a regional law which regulates the practice of the **Bio-natural disciplines**.

This activity is **not included in the field of therapeutic treatment of diseases** but is part of an area aiming at promoting the wellbeing of the population.

In other words, these activities **intend to improve the quality of life** and the relationship of everybody with his social and cultural surroundings and the environment.



Regional Law n.9/2007 mod. LR 31/2007

Regulation of the practice of complementary medicine on the part of medical doctors, dentists, veterinary doctors and pharmacists

In 2007 the Regional Council of Tuscany approved the Law defining the educational criteria and disciplining the practice of homeopathy and complementary medicine on the part of medical doctors and dentists, veterinary doctors and pharmacists.

Tuscany Regional Law n. 9/2007
Regulation of the practice of complementary medicine
for medical doctors, dentists, veterinary doctors
and pharmacists

Protocol of Agreement in application of
Regional Law n. 9/2007 between Tuscany
Region and Professional Associations

Regional rules in application of the protocol
of agreement for accreditation of CAM
practitioners and education institutes

Official accreditation of CAM
practitioners and CAM education institutes
on the basis of the regional rules

Regional Law n.9/2007 modif. LR 31/2007

“Regulation of the practice of complementary medicine on the part of medical doctors, dentists, veterinary doctors and pharmacists”

Art. 1

(Fundamental Principles)

Tuscany Region guarantees the **principle of freedom of therapeutic choice of the patient and of treatment by the physician, ...**

Art. 2

(Complementary Medicine)

The present law concerns the following disciplines:

- **Acupuncture.**
- **Phytotherapy.**
- **Homeopathy.**

Art. 3

(List of Medical Doctors practising Complementary Medicine)

Regional Association of Medical Doctors and Dentists, of Veterinary Doctors and Pharmacists **set up a register of professionals practising Complementary Medicine, ...**

Regional Association of Medical Doctors and Dentists, of Veterinary Doctors and Pharmacists and Tuscany Region, on the base of an **agreement protocol:**

- a) ... **admission criteria to the registers ...**
- b) **transitory rules** for recognition of titles obtained before the approval of the present law

Protocol of Agreement in application of Regional Law n. 9/2007

Signed in April 2008 by:

Tuscany Region and Professional Associations of Medical Doctors and Dentists, of Veterinary Doctors and Pharmacists.

Defines:

- **criteria of accreditation** of Medical Doctors and Dentists, of Veterinary Doctors and Pharmacists and professional training institutes
- defines **transitory rules** for the inscription to the register of physicians “expert” in Complementary Medicine

- At the Regional Association of Medical Doctors and Dentists, of Veterinary Doctors and Pharmacists set up a **register of professionals practising Complementary Medicine**
 - **acupuncture**
 - **phytotherapy**
 - **homeopathy**
- Complementary medicine training for medical doctors, dentists and veterinaries :
 - at least of **3 years** of duration
 - at least **450 hours** of teaching,
 - with **100 hours** of clinical practice
- For pharmacists, training of **100 hours** in **1 year**

Regional Government Act n. 993/2009 application of the Regional Law 9/2007

- With the Regional Government application act n. 993/2009 (November 2009), the accreditation procedure for education in Complementary Medicine has been defined in details.
- The Committee for education in Complementary Medicines, established by a decree of the Regional Government of Tuscany, has set up the criteria for the accreditation and verification of public and private institutes for the training in complementary medicine.

Accreditation of CAM training institutes operating in Tuscany (2011 -2013)

Till now, six Tuscan schools have been accredited by the Region, after the Tuscan Regional Commission for professional training in CM approval:

- **Scuola "Mario Garlasco"**
Associazione Lycopodium, Società Italiana di Omeopatia Europea, Firenze
info: www.lycopodium.it
e-mail: info@lycopodium.it
Istituto accreditato con [decreto dirigenziale n. 5509/2011](#)
- **Scuola Internazionale di Veterinaria Omeopatica "dott. Rita Zanchi", Cortona (AR)**
info: www.omeovet.net
e-mail: info@omeovet.net
Istituto accreditato con [decreto dirigenziale n.5503/2011](#)
- **Scuola di Agopuntura Tradizionale della città di Firenze, Firenze**
info: www.scuoladiagopuntura.it
e-mail: info@scuoladiagopuntura.it
Istituto accreditato con [decreto dirigenziale n. 5501/2011](#)

- **Associazione Effatà di Lucca**
info: www.scuolaomeopatiaeffata.org
e-mail: omeopatia@simonettatassoni.it
Istituto accreditato con [decreto dirigenziale n. 1020/2012](#)
- **Accademia internazionale di omeopatia classica "Pieria" di Pisa**
info: www.konstantos.org
Istituto accreditato con [decreto dirigenziale n. 1027/2012](#)
- **Società Italiana di Omeopatia e Medicina Integrata SIOMI**
info: www.siomi.it
e-mail: segreteria@siomi.it
Istituto accreditato con [decreto dirigenziale n. 1019/2012](#)

Results

- The accredited schools can deliver a diploma which allow directly **the inscription of the student to the official register managed by the Local Medical Association, as an “expert” in acupuncture, phytotherapy or homeopathy.**
- MDs registerd as “expert” with a certificate Medical Association can participate to the possibile competition for working as **“medical doctor specialist expert in CM”** in public hospitals of the region.
- Moreover, the studens of the basic courses of the accredited CAM institutes are allowed not to obtain the **compulsory annual CME credits for the duration of the course (3 years)**, as it happens for the University Masters.



National rules for the education in Complementary Medicine in Italy

*The Agreement between the State and Regions
was officially signed on 2013, February 7^h*

Agreement, in accordance with Article 4 of the Legislative Decree n.28 (28 august 1997), among the Italian National Government, the Regions and the Autonomous Provinces of Trento and Bolzano in relation to **the terms and requirements for the quality certification of training and practice of Acupuncture, Phytotherapy and Homeopathy by medical doctors, odontologists, medical veterinaries and pharmacists.** Giovanni Leonardi



Renato Balduzzi



Luigi Marroni



Mario Romeri

Accordo, ai sensi dell'articolo 4 del decreto legislativo 28 agosto 1997, n. 281, tra il Governo, le Regioni e le Province autonome di Trento e di Bolzano concernente i criteri e le modalità per la certificazione di qualità della formazione e dell'esercizio dell'agopuntura, della fitoterapia e dell'omeopatia da parte dei medici chirurghi, degli odontoiatri, dei medici veterinari e dei farmacisti.

Rep. Atti n. 54/csr del 7 febbraio 2013

Explanatory memorandum of the Italian Ministry of Health on the State - Regions Agreement on C.M.



Giovanni Leonardi

Ministero della Salute
DGPROF
0042878-P-24/07/2014



143617483



Ministero della Salute

DIREZIONE GENERALE DELLE PROFESSIONI SANITARIE E DELLE RISORSE
UMANE DEL SERVIZIO SANITARIO NAZIONALE
DGPROF Ufficio VI ex DGRUPS -
Deontologia delle Professioni Sanitarie
Via Giorgio Ribotta, 5 - 00144 Roma

Agli Assessori alla Sanità delle Regioni e
delle Province Autonome

LL.SS.

*Mani:
copia a me
per i decreti
in C. M.
to letto
11/10
7/2013*

OGGETTO: Nota di chiarimenti del Ministero della Salute. "Accordo tra il Governo, le Regioni e le Province Autonome di Trento e di Bolzano concernente i criteri e le modalità per la certificazione di qualità della formazione e dell'esercizio dell'agopuntura, della fitoterapia, dell'omeopatia, da parte dei medici chirurghi, degli odontoiatri, dei medici veterinari e dei farmacisti, stipulato in data 7 febbraio 2013 (Rep. Atti n. 54/CSR)."

Signature of the agreements between Tuscan Region and Regional Chambers of medical doctors and dentists, veterinaries e pharmacists

Regional application of the Agreement State and Regions and Autonomous Provinces concerning the training criteria for Complementary Medicine.

Firenze, Palazzo Strozzi Sacrati, 16.3.2015



Other Italian regions have implemented the Agreement State and Regions on CM education

- **Valle d'Aosta** (DGR n. 1902/2014)
- **Provincia autonoma di Bolzano** (L.R. n. 1274 del 3.11.2015)
- **Provincia autonoma di Trento** (DGR n. 2793 del 30 dicembre 2013)
- **Piemonte** (L.R. n. 13/2015)
- **Lombardia** (DGR n. X / 3021 del 16/01/2015)
- **Emilia Romagna** (DGR n. 679, 19.5.2014)
- **Marche** (L.R. n.43/2013 successivamente integrata dalla DGR n.567 del 20/07/2015)
- **Umbria** (L.R. n. 24 del 28.11.2014)
- **Puglia** (L.R. n. 545 del 26-03-2015)
- **Sardegna** (DGR n. 34/22 del 07.07.2015)
- **Sicilia** (D.A. n. 1742/2014)



Regione Toscana



**The experience of the Region of
Tuscany in integration of
Complementary Medicine in
the Regional Healthcare System
(1996 -2016)**



Principles of Complementary Medicine integration corresponding to the Tuscany Regional Health Plan

- Integration and inclusion
- Therapeutic freedom for patients and doctors
- Appropriateness and EBM
- Equal access to treatments
- Humanization of treatments
- Quality / safety for patients
- Innovation and development
- Promoting health and healthy lifestyles
- Creation of network synergies
- Tackling health inequalities



Survey on the opinions of family doctors and paediatricians in Tuscany concerning use of CAM (2003)

2,228 doctors and paediatricians interviewed, (of approximately **3,500** in total): **82%** of respondents

- **15.2 %** practice CAM,
- **57.8%** recommend them to their own patients,
- **11%** have specific training, while ...
- **29.2%** would like to have training in CAM.
- **65.7%** is in favour of teaching CAM at university and,
- **23.7%** have used non-conventional medicine to treat their own ailments, compared to an average of **20%** of Tuscan citizens, according to the 2001 ISTAT survey.



**La cerimonia di inaugurazione del Centro di
acupuncture e CTM «Fior di Prugna» 1996**

CAM in Tuscan Regional Health Plans (1996 - 2013)

- The **Region of Tuscany's healthcare programmes** have contained references to types of non-conventional medicine **since 1996**, and the Regional Health Plans have provided specific measures in support of them.
- **Regional Health Plan 1999/2001 chapter on: "Integration of Non Conventional Medicine (NCM = CAM) in regional health policy"**:
 - creation of Regional Commission for NCM;
 - support research on CAM with a fund for its integration in regional health politics of around 250,000 Euro every year.
- **Regional Health Plan 2005–2007** aims to guarantee **permanent integration in the Regional Health Service of types of CAM which present a sufficient level of scientific evidence** (acupuncture, herbal medicine, homeopathy and manual medicine).

Convegno MnC e politiche per la salute Firenze dicembre 1998

Con la presenza del Ministro della salute **Rosy Bindi**



«L'esperienza della Regione Toscana nel campo dell'integrazione delle medicine non convenzionali nel sistema sanitario regionale è unanimemente considerata la più significativa nel panorama nazionale e può essere un riferimento anche a livello europeo».

(dall'intervento del Ministro della salute Rosi Bindi al Congresso *MnC e politiche per la salute*, Firenze, Palazzo dei Congressi, 5 dicembre 1998)



COMMISSIONE REGIONALE MEDICINE NON CONVENZIONALI
Dipartimento del Diritto alla Salute e delle Politiche di Solidarietà

PROGETTO DI STUDIO SULLE MEDICINE NON CONVENZIONALI IN TOSCANA (1999)

Censimento dei corsi di formazione

Censimento delle associazioni

Censimento delle strutture pubbliche ed attività

Censimento delle attività produttive

Rassegna delle iniziative legislative

Selezione delle principali riviste

Diffusione delle MnC in Toscana: dati di popolazione

I medici toscani e le MnC : opinioni, uso e pratica. Lo studio pilota

Rassegna dei principali siti internet e della documentazione online



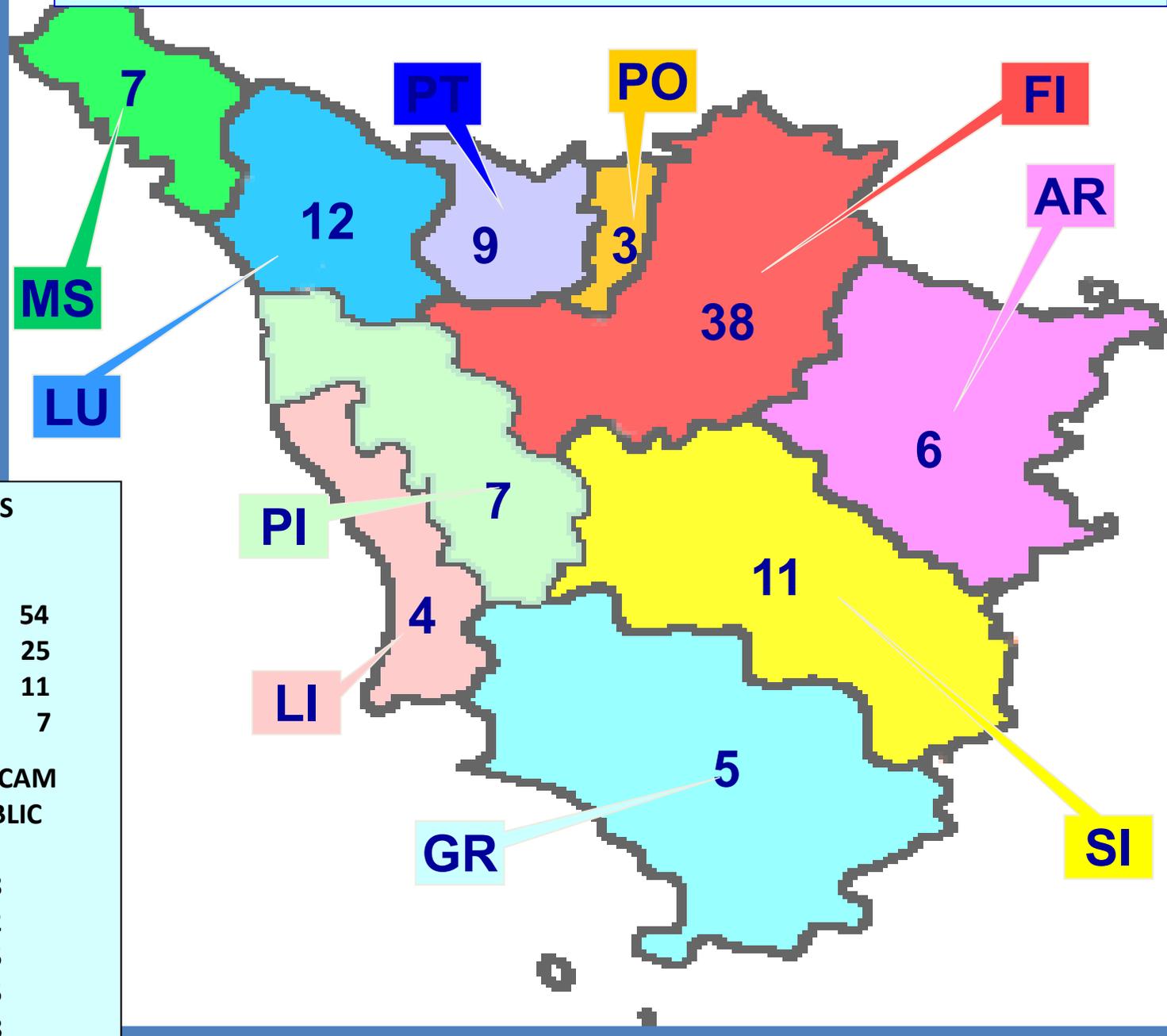
Primo Convegno Nazionale

Le Medicine non Convenzionali in ospedale

Agopuntura, fitoterapia, omeopatia e arti per la salute:
esperienze di integrazione nel Servizio Sanitario Nazionale a confronto

Sabato 9 febbraio 2002
Complesso di San Michele Lucca

Tuscany, April 2014: **97** CAM clinics in 43 health services



CAM CENTRES GROUPED BY DISCIPLINES

| | |
|--------------|----|
| Acupuncture | 54 |
| Homeopathy | 25 |
| Phytotherapy | 11 |
| Other | 7 |

NUMBER OF CAM VISITS IN PUBLIC CENTRES

| | |
|-------|--------|
| 2006: | 20,698 |
| 2007: | 22,812 |
| 2008: | 23,515 |
| 2009: | 24,455 |
| 2010: | 29,918 |

Lucca

- Homeopathic Clinic for women complains
- Clinic of CM and diet in oncology
- Acupuncture clinic for pain

Prato

- Acupuncture clinic for pain
- Qigong for Hiv patients

Firenze

- Phytovigilance Centre – University of Florence
- Smoking cessation acupuncture treatment
- Moxibustion for breach presentation of the foutus.
- Menopause secondary symptoms acupuncture syntoms
- Integrative oncology
- M.C. in palliative care

Pisa

- Homeopathic Centre for Mother and Child
- Acupuncture for hypogalactia infertility, pregnancy
- Acupuncture for breast cancer

Arezzo

- Zoo-prophylactic Institute of Tuscan and Lazio Region

Livorno

Human and veterinary homeopathy in the Gorgona prison

Siena

Manual Medicina Centre, U.O. Recup. Rieduc. Funzionale – Tamburino

Grosseto

- Hospital Petruccioli of Integrated
- Medicine Of Pitigliano
- Rehabilitation Hospital of Manciano

Delibera GR n.633 del 3/9/07

Complementary Medicine

Constitution of the operative structure:

“Tuscan Network of Integrative Medicine”

It is a Tuscan organizational model “as a network” (**Tuscan Network of Integrative Medicine**) to warrant a unitary system, integration, quality of services, **safety** for patients, with the aim of **prevention, therapy and rehabilitation.**

Director Dr. Sonia Baccetti

General Direction of Health Department

Tuscany Region

Tuscan Regional Centres of Reference for CAM

- **Traditional Chinese Medicine Centre “Fior di prugna” in Florence**
- **Herbal Medicine Service, AOU Careggi in Florence;**
- **Homeopathic Clinic, Campo di Marte Hospital in Lucca**



Integration of CAM in the public hospital of Pitigliano (Grosseto)

An important step was the realization of a **Hospital of Integrative Medicine**. The structure has been organized in the **southern area of Tuscany (Maremma), Pitigliano – Saturnia**, in an area internationally known for its thermal baths. In order to study the feasibility of that project a regional delegation from Tuscany has visited the Royal London Homeopathic Hospital (RLHH) and Glasgow. It has been opened in 2011

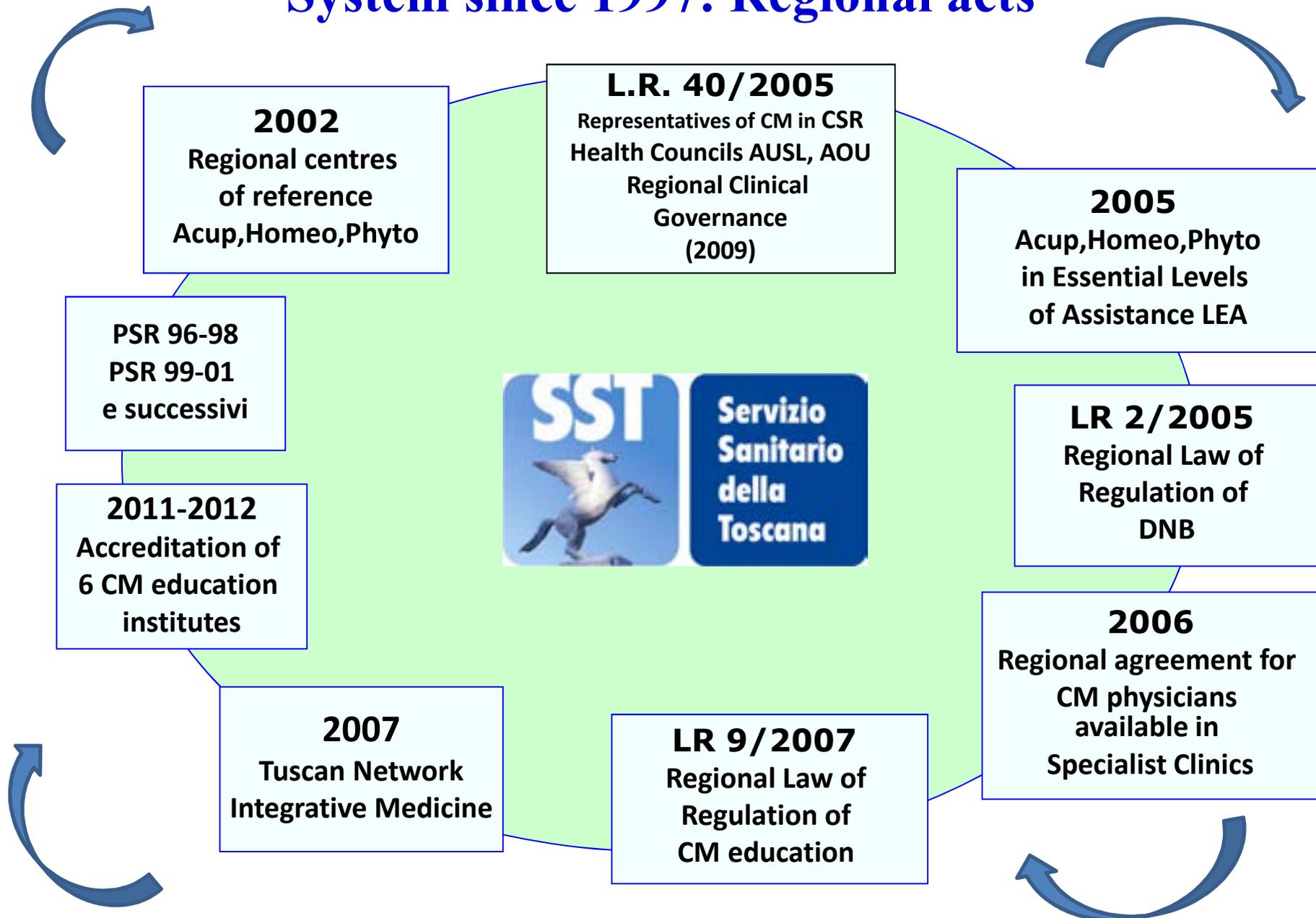




Hospital de Medicina Integrada de Pitigliano “Modelo de Atención Integral” desde 2011



Integration of CM and BND in the Public Health System since 1997: Regional acts



Regional Healthcare Plan 2005-2007

Enrico Rossi



Claudio Martini



5.5.1.6 Medicine Complementari (MC) e non Convenzionali (MNC)

Integrazione, libertà di scelta terapeutica dell'utente, libertà di cura del medico, qualità delle prestazioni, formazione degli operatori, ricerca, sicurezza dell'utenza, modello organizzativo a rete delle attività pubbliche di medicine complementari e non convenzionali: questi i principi cardine che ispirano l'azione di piano in tema di Medicine Complementari (MC) e non Convenzionali (MNC). Infatti le medicine complementari (agopuntura, fitoterapia, omeopatia) a seguito di un lungo iter programmatico, fanno parte dei LEA (Delibera G.R. n. 655 del 20/06/2005), se ne prevede l'uso nelle linee guida regionali per il trattamento dei disturbi neurovegetativi della menopausa, sono

Regional Health Plan introducing Complementary Medicine within the regional Essential Levels of Assistance (LEA)

The Regional Healthcare Plan 2005-2007 aims to guarantee the definitive integration of forms of non-conventional medicine possessing a sufficient amount of scientific evidence enabling them to be defined as complementary medicine: namely, acupuncture, phytotherapy, homeopathy and manual medicine.

For these types of medicine the following are envisaged: introduction within the regional essential levels of assistance and implementation of designated tariffs;

Delibera G.R. n° 655 del 20/06/2005: includes complementary medicine on the regional tariff nomenclature, as: **‘complementary medicine’**, specialist visits for acupuncture, homeopathy, phytotherapy and manual medicine, reserved for resident citizens, **with a ticket of € 24.00**

tabella 1

| <i>branca</i> | <i>codice</i> | <i>denominazione</i> | <i>tariffa</i> | <i>note</i> | <i>modifica</i> |
|---------------|---------------|--|----------------|---|-----------------|
| 1 | C.89.7 | VISITA SPECIALISTICA per agopuntura, fitoterapia, omeopatia, medicina manuale | 18,59 | | inserire |
| 1 | C.01 | MANIPOLAZIONI DI MEDICINA MANUALE un distretto | 18,59 | non tariffabile quando eseguita contestualmente alla prestazione C89.7 | inserire |
| 1 | C.02 | MANIPOLAZIONI DI MEDICINA MANUALE di due o più distretti | 36,00 | non tariffabile quando eseguita contestualmente alla prestazione C89.7 | inserire |
| 1 | C.03 | ASSOCIAZIONE TECNICHE DIVERSE DI AGOPUNTURA (è compresa in questa prestazione l'associazione di più tecniche di cui ai codici 99.92 e 99.91 e 99.35.1) ciclo fino ad un max 2 prestazioni | 18,59 | non tariffabile in aggiunta alle prestazioni cod. 99.92 e 99.91 e 99.35.1 | inserire |
| A 1 | 99.91 | AGOPUNTURA PER ANESTESIA incluso: Elettroagopuntura per seduta, ciclo fino ad un max di 4 prestazioni | 9,71 | | modifica |
| A 1 | 99.92 | ALTRA AGOPUNTURA agopuntura, auricoloterapia, craniopuntura, fior di prugna, sanguinamento, coppettazione, moxibustione (solo se non associata ad agopuntura) Escluso: quella con moxa revulsivante (93.35.1); per seduta, ciclo fino ad un max di 4 prestazioni | 8,52 | | modifica |
| 1 | 93.35.1 | AGOPUNTURA CON MOXA REVULSIVANTE agopuntura con moxibustione (ago riscaldato con bastoncino di moxa o con conetto, moxibustione associata ad agopuntura su altre zone; per seduta, ciclo fino ad un max di 2 prestazioni | 12,81 | | modifica |

Legal status of CM physicians available in Specialist Clinics

In 2006 a Regional Integrative Agreement on specialist care for outpatients which also includes Complementary Medicine was signed.

Specialist must have a **certificate issued by the provincial Medical Association**, on the base of criteria now defined by the Protocol which applies Regional law 9/2007, proving successful completion of theoretical and practical training **that demonstrates “expertise” in Complementary Medicine.**

So, it is possible to “publish” an **announcement of competition**, create a **board of examiners** and **make a theoretical and practical examination of candidates.**

CAM representatives in the Health Regional Council and Bio-ethical Regional Commission

In November 2005 Tuscany Regional Council decided to appoint:

- **one CAM representative** in the Health Regional Council and in each Local Health Unit Council
- **one CAM representative and one, as it is termed, “Bio-natural disciplines” representative** in the Bio-ethical Regional Commission.



Regione Toscana

Sei in: Regione Toscana | Cittadini | Salute e sport | Medicine complementari

Cittadini | Salute e sport

- Alimentazione
- Ambiente
- Bandi
- Cultura
- Diritti e cittadinanza
- Educazione e istruzione
- Formazione
- Lavoro
- Muoversi in Toscana
- Salute e sport**
 - 118
 - Animali da compagnia

Medicine complementari

In Primo Piano

Ambulatori di medicine complementari

Circa 106 ambulatori pubblici in Toscana assicurano prestazioni di medicine complementari e che costituiscono una vera e propria Rete toscana di medicina integrata. Anche...

Discipline bionaturali

Le discipline del benessere e bio-naturali sono tutte quelle tecniche che, pur non essendo sanitarie, promuovono il benessere della persona e contribuiscono a mantenerne...

Visualizza

Official website of Tuscan Region

<http://www.regione.toscana.it>

At the voice *Cittadini* clic on: [Salute e sport](#)

And then, to the left column clic on:

[Medicine complementari](#)

<http://www.regione.toscana.it/cittadini/salute/medicine-complementari>

Regional Bulletin “MC Toscana”



Creation of a **Regional Bulletin about CM, MC Toscana**, a quarterly journal with informative, socio-medical and scientific articles.

It also publishes the calendar of the events, the initiatives in the regional area about CAM.

Since 2004, **twelve years of activity** and **34 issues published** so far.

Information campaign on Complementary Medicines in Tuscan Region (2005)



Against allergies, now you can choose. Also homeopathy, if you want. Call 800...

In October and November 2005 an information campaign on CAM was launched by the Italian Region Tuscany **to inform all citizens about the integration of three CAM therapies (acupuncture, homeopathy and herbal medicine) in the Regional Health Service.**

Citizens could dial a free phone number to get full information about this matter.

Regional Information Campaign regarding Complementary Medicine
**Against allergies, now you can choose.
Also homeopathy, is you want. Call 800...**





Medicine non Convenzionali e Complementari: un'opportunità per la salute

convegno e incontri
promossi dalla Regione Toscana
nell'ambito della fiera internazionale terrafutura

**International Fair "Terra Futura" (Future Earth), Florence 2006
"Complementary and Non Conventional Medicine"**

**Non
Conventional
cake (chocolate
and hazelnuts)**



University Masters on CAM in Tuscany (2006-2012)

- Faculty of Pharmacy – University of Firenze (2006-2007)
Master II level in Fitoterapia Tradizionale Cinese
- Faculty of Medicine – University of Firenze (2006-2008)
Master II level in Agopuntura e Medicina Tradizionale Cinese
- Faculty of Medicine – University of Firenze – Pole of Empoli (2007-2008)
Master II level in Fitoterapia Clinica
- Faculty of Medicine – University of Siena (2009-2016)
Master II level in Integrated Medicina
- Faculty of Pharmacy – University of Pisa (2008-2010)
Master I level in piante aromatiche e medicinali
- Faculty of Medicine – University of Firenze (2011 – 2016)
Master in Natural Medicine

Complementary Medicine and drug survey services in Tuscany

- Service *Linea Verde Pronto Salute*

(tel. 0571 702451)

www.naturamedica.net

- Service
Information on
Homeopathic remedies and
drug survey

(tel. 0583 449459)



L'Istituto Superiore di Sanità in collaborazione con i Centri di Riferimento per le Medicine Complementari della Toscana e molte altre associazioni e società scientifiche di MC e MNC ha realizzato nel 2009-2010 una campagna informativa.

CAM: to know them for a better use

ISTITUTO SUPERIORE DI SANITÀ

Omeopatia, fitoterapia, agopuntura, ayurvedica e le altre medicine non convenzionali

CONOSCERLE PER USARLE AL MEGLIO

COSA SONO?
 Queste medicine e pratiche, nel loro insieme, sono di volta in volta connotate come: complementari, non convenzionali, integrative, tradizionali, non ortodosse, olistiche, naturali, dolci, ed altro ancora. Costituiscono un insieme di terapie, talvolta considerate anche alternative, molto diffuse in Italia e nel resto del mondo. Le più conosciute sono l'agopuntura e la medicina tradizionale cinese, l'omeopatia, la fitoterapia, le manipolazioni osteo-articolari e la medicina ayurvedica.

PER UN USO CONSAPEVOLE

- 1. PARLARE CON IL TUO MEDICO**
 Se preferisci parlarne con una di quelle figure parlane comunque sempre con il tuo medico curante.
- 2. NON ABBANDONARE**
 Non abbandonare le terapie convenzionali senza averne discusso con il medico.
- 3. NON AFFIDARTI**
 Non affidarti a "presunti" ricamatari o esperti, al venditore, al fai-da-te o ai consigli di amici e conoscenti. Non affidarti all'automedicazione se non per disturbi minori o piccole gabbie, e comunque di breve durata. Parlane sempre con il farmacista o con il medico.
- 4. NON ASSUMERE NE' RACCOLGERE**
 Non assumere prodotti, o comporre o raccogliere, privi di etichetta, o senza consiglio di un esperto. Non assumere, se non prescritti, prodotti naturali in gravidanza o allattamento, in campo, o in luoghi non raccolti e non spontanei per farne preparati ad uso medicinale.
- 5. DIFFIDA**
 Diffida di canali distributivi come internet o delle vendite domiciliari prive delle dovute garanzie. Diffida della pubblicità di terapie o rimedi miracolosi.
- 6. INFORMAZIONI**
 Informati sempre sui reali vantaggi di ogni terapia, sulle garanzie di sicurezza ed efficacia, e in particolare quando ti venga proposta come sostitutiva di quella convenzionale.
- 7. CONSULTA**
 Consulta sempre un medico o un farmacista quando devi o stai somministrando un prodotto naturale a un bambino o un anziano, anche se sani, e a maggior ragione se ammalati o in terapia con altri farmaci.
- 8. AFFIDATI**
 Per una terapia complementare o non convenzionale affidati sempre a un medico esperto, chiedendo al tuo medico di famiglia, alla tua AUSL, all'Ordine dei Medici della tua Provincia e a Società Scientifiche accreditate.
- 9. CONSERVA**
 Conserva i prodotti nella loro confezione di origine, lontano dalla portata dei bambini, all'asciutto, lontano da fonti di luce e di calore.
- 10. SEGNALA**
 Segnala sempre al tuo medico o al farmacista ogni sospetta reazione avversa a un medicinale o prodotto naturale. Segnala all'Ordine dei medici o del tuo medico o al medico prescrivente o praticante terapie complementari, non convenzionali, o "alternative", senza averne i requisiti professionali.

Per saperne di più
www.iss.it

CENTRI DI RIFERIMENTO

| | | | |
|--|--|--|--|
| ASL di Arezzo, Grosseto, Livorno, Pisa, Prato, Siena | ASL di Firenze, Livorno, Pisa, Prato, Siena | ASL di Grosseto, Livorno, Pisa, Prato, Siena | ASL di Grosseto, Livorno, Pisa, Prato, Siena |
| ASL di Grosseto, Livorno, Pisa, Prato, Siena | ASL di Grosseto, Livorno, Pisa, Prato, Siena | ASL di Grosseto, Livorno, Pisa, Prato, Siena | ASL di Grosseto, Livorno, Pisa, Prato, Siena |

© Istituto Superiore di Sanità - 2010

Regional course on Clinical risk and safeness of the patient in Complementary Medicine

Organized by Integrative Medicine Tuscany Network and
Regional Centre for Clinical Risk Management

CME Training in 2009, to define
criteria **to evaluate clinical risk and
monitoring the diagnostic-
therapeutical practices in
Complementary Medicine**

Evaluation and management of clinical
risk for **prevention of adverse
reactions**

Guarantee a good level of **safety for
patients of Complementary Medicine
attending Public Health Service**



Regional socio-healthcare integrated plan (2012-2015)

The PSSIR 2012-2015 devotes the special chapter n. 3.2.5 about the appropriateness in healthcare to the Complementary Medicine and inserts the use of complementary medicine treatments in many areas such as:

- **the promotion of childbirth in normal pregnancy**
- **the termal care**
- **the fight against pain**
- **the prevention of mental disorders**
- **the end of life**
- **the fight against cancer**

Complementary Medicine supporting natural childbirth

Training project on “**Giving birth with Energy**” to the midwives of Tuscany who are working in the Healthcare public system (around 140) and also private centres, on techniques of Chinese Traditional Medicine (tuina massage, self-massage, moxibustion, plum blossom, Qigong, auriculotherapy, ...), use of homeopathic and herbal remedies in physiological delivery. General objectives are:

- 1. Training on Chinese Traditional Medicine, Homeopathy and herbal medicine, in obstetrics;**
- 2. Promote natural childbirth;**
- 3. Induce relaxation of women in labour;**
- 4. Reducing pain in delivery;**
- 5. Helping post partum condition and puerperium;**
- 6. Supporting breast-feeding.**

Complementary Medicine in labor and physiological delivery

Corso di formazione

Medicine complementari nel travaglio e nel parto fisiologico



Presentazione
Il corso, promosso dall'Ambulatorio di Omeopatia e dall'U.O. di Ginecologia e Ostetricia dell'ASL 2 Lucca, si rivolge a tutto il personale della sala travaglio e della sala parto, ovvero ginecologi, ostetriche, infermieri e neonatologi. L'obiettivo degli incontri è garantire un'assistenza in sala travaglio e parto anche attraverso l'integrazione delle medicine complementari e dell'omeopatia, sempre più richieste dalle donne in gravidanza, così come indicato anche dal parere del Consiglio regionale dei sanitari n. 54/2014.

Docenti
Dott. Gian Luca Bracco
Dott.ssa Marialessandra Panozzo
Dott. Elio Rossi

Referenti del corso
Maria Paola Belluomini: mp.belluomini@asl2.toscana.it
Chiara Cervino: chiaracervino@gmail.com
Giulia Fantoni: g.fantoni@asl2.toscana.it
Laura Giardina: l.giardina@asl2.toscana.it
Rosaria Papini: r.papini@asl2.toscana.it

Info
Chiara Cervino: chiaracervino@gmail.com
Carmela Leone: segreteria.omeo@asl2.toscana.it

Modulo didattico

- 4 moduli di 4 ore con lezioni di 50 minuti
- supervisione ogni 2 mesi
- luogo di incontro on line su piattaforma FAD, discussione, materiale consegnato ...

Sede degli incontri
Stanza riservata ai corsi di preparazione al parto, Piano terra dell'edificio B presso l'Ospedale Campo di Marte (Lucca) Cittadella della Salute

Accreditamento ECM (in corso di approvazione)



Guidelines of the Regional Health Councils (RHC) on/including Complementary Medicine

**Guidelines about the use of
Acupuncture and TCM within
Tuscan Healthcare System**

Opinion RHC n.33/2015

**Modalities of pain control
In labor and delivery**

Opinion RHC n.54/2014

**Guidelines on menopause
treatment**

Opinion RHC n.12/2015

Guidelines on back pain

Opinion RHC n.42/2015

- ✓ sul sito della Regione Toscana
 - ✓ sul sito dell'ISS
- <http://www.snlg-iss.it/lgr;>

Le linee guida e IDT sono uno degli interventi della politica dei Servizi sanitari per la promozione dell'efficacia e dell'appropriatezza clinica. Le linee guida e IDT raccolgono raccomandazioni di comportamento basate sulle migliori prove scientifiche disponibili.

La collana «Linee Guida-Regioni» – inaugurata dalla Regione Toscana – intende documentare la produzione di linee guida e altri strumenti di governo clinico da parte dei Servizi sanitari regionali su temi rilevanti di salute non ancora trattati da linee guida nazionali, ed elaborate in conformità con il metodo SNLG.



www.snlg-iss.it
www.regione.toscana.it/sst



Regione Toscana

DOCUMENTO REGIONALE DI INDIRIZZO

CONSIGLIO SANITARIO REGIONALE

Linee guida
Menopausa

DOCUMENTO 27



Acupuncture and TCM in the Tuscan Regional Healthcare Service: guidelines for Healthcare

Edited by: Sonia Baccetti, Mariella Di Stefano, Chiara Menicalli, Valeria Monechi. **Authors:** Gian Franco Gensini, Sonia Baccetti, Chiara Menicalli, Valeria Monechi. **With the contribution of:** Pietro Addamo, Nadia Baccellini, Alessandro Bussotti, Francesco Cipriani, Franco Cracolici, Raffaele De Gaudio, Giovanna Franconi, Daniela Matarrese, Rocco Mediati, Elio Rossi, Alfredo Vannacci, Rosella Visconti.

**Approved by Regional
Health Council of Tuscany
on 14 December 2015**

**Cinese Healthcare
Official delegation
visiting Fior di prugna**



- ✓ sul sito della Regione Toscana
- ✓ sul sito dell'ISS <http://www.snlg-iss.it/lgr>;

Le linee guida e IDT sono uno degli interventi della politica dei Servizi sanitari per la promozione dell'efficacia e dell'appropriatezza clinica. Le linee guida e IDT raccolgono raccomandazioni di comportamento basate sulle migliori prove scientifiche disponibili.

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www.snlg-iss.it
www.regione.toscana.it/sst



Regione Toscana

DOCUMENTO REGIONALE DI INDIRIZZO

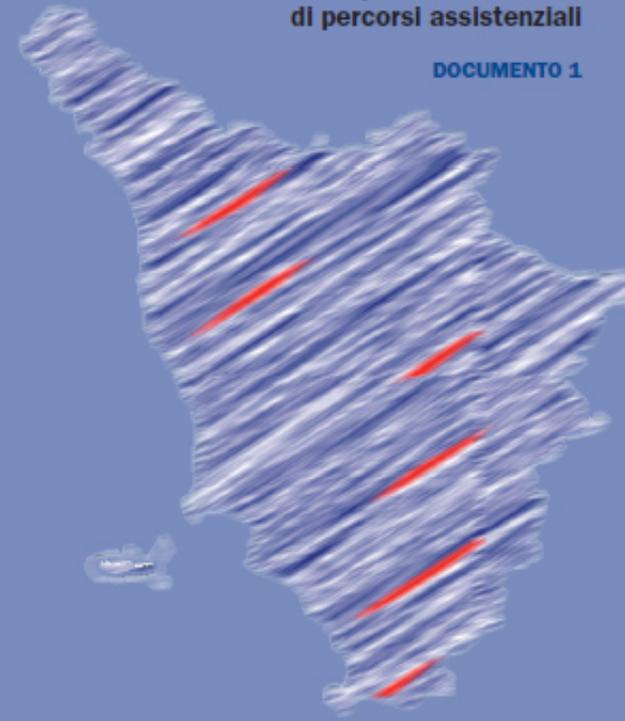
CONSIGLIO SANITARIO REGIONALE

Linee guida

Mal di schiena

**Linee guida diagnostico terapeutiche
e raccomandazioni per la costruzione
di percorsi assistenziali**

DOCUMENTO 1





Gorgona homeopathic veterinary project



Marco Verdone
veterinary doctor

About 60 prisoners work and earn
On the isle all domestic animals are bred

Since 15 years homeopathic medicine is used

Some practitioners, human medical doctors, working in Gorgona had an homeopathic training, thanks to the veterinary experience.

A training course for prisoners has been organized on “sustainable stock-farm”

A research supported by Tuscany Region (carried out in 2005) documented the benefit obtained since the introduction of homeopathic treatment in the animals healthcare

- **Gorgona is an isle in Tuscany**
- **Gorgona is a National Park**
- **Gorgona is also a prison, but**
- **Gorgona is an open prison**



Promotion of complementary medicine in prison

Organized by Agency for Health Education of ASL 11 Empoli

10. "Promozione della medicina complementare in carcere"

RESPONSABILE DEL PROGETTO FORMATIVO
MARCUCCI MANUELA

COORDINATORE DEL PROGETTO FORMATIVO
GASPERINI SONIA

SEGRETERIA
MATTEOLI MONICA

PERIODO DI ATTUAZIONE
DICEMBRE 2014 - APRILE 2015

CODICE DI ACCREDITAMENTO

Azienda USL 11 Empoli



AGENZIA REGIONALE
SOCI Formazione
Università e
e cultura extra aziendale
Cultura
Dott.ssa Manuela Marucci

Sevgiata Via
Via Gambero 1219
Tel. 0571/764214
Fax 0571/764229
www.usl11.toscana.it

Allegato 1) di DD POU 001 rev. 2

- In order to promote the widespread use of CM also for the inmates citizens so as to realize a real equality of educational opportunity and treatment, based also on the experience made in the past in the Gorgona prison, it has been decided to offer a regional level a training course for the penitentiary healthcare workers on the use of CM in all the Tuscan prisons.
- The training program was organized in 6 seminar days starting with a preliminary training module in order to introduce to Complementary Medicine and then tackle the basic principles of the prevailing disciplines acupuncture, herbal medicine, homeopathy and welfare disciplines and guidance of trained professionals to promote the use of CM within Tuscan prisons.

Regional training course

“Promotion of complementary medicine in prison”





**Il trattamento del dolore cronico in medicina generale:
acquisizione di un metodo di cura per la creazione della rete di terapia del dolore**

Tecniche di medicina complementare nella terapia del dolore

Technics of Complementary Medicine in pain therapy

Dott. Elio G. Rossi

Ambulatorio di omeopatia Azienda USL 2 Lucca
Struttura di riferimento regionale per l'omeopatia

Regional course: The treatment of chronic pain in general practice: acquisition of a treatment method for the creation of the network of pain therapy



Main target:

The objective of the course is to build an integrated network among different professionals for the treatment of chronic pain (including Complementary Medicine) able to guarantee a specific care pathway at different levels depending on the needs of each patient and professional skills.

The integration between professionals makes use of a common mode of work which is the "method" for the reasoned diagnosis of the type of pain, in order to establish the effective and appropriate treatment and an appropriate management of the route including the communication methods with the patient and among the health professionals.

Regional Law n. 28/2015 of Healthcare Reform - Principles of reorganization for Wide Area

- System efficiency, quality and appropriateness of care provided, oriented approach to clinical governance
- Territorial organization surgeries and hospital activities MC ensuring quality, efficiency, greater therapeutic offer, ethical use resources, reduce inappropriate diagnostic tests
- Defining quality criteria and accreditation structures with individual identification "specialty" and "specificity"
- Clinical risk management and safety of the patient.
- Multicenter research programs (efficacy, economic impact, cost/benefit ratio)
- Enhancing health professions (physiology monitoring, promotion of lifestyles reasonable, appropriate use of medications)
- Communications as a pillar of integration.

Proposal of priority areas of action of Complementary Medicine in Tuscany

The minimum priority areas of action which must be guaranteed in all Vast Areas:

- **Fight against pain (chronic care model, medical initiative).**
- **Treatment of adverse effects in oncology.**
- **Promote physiological birth in low risk pregnancies.**
- **Gender Medicine (menopause, pelvic pain)**
- **Prevention and treatment of infections of the upper respiratory and atopic diseases in the adult and child population**



Lucio Luzzatto

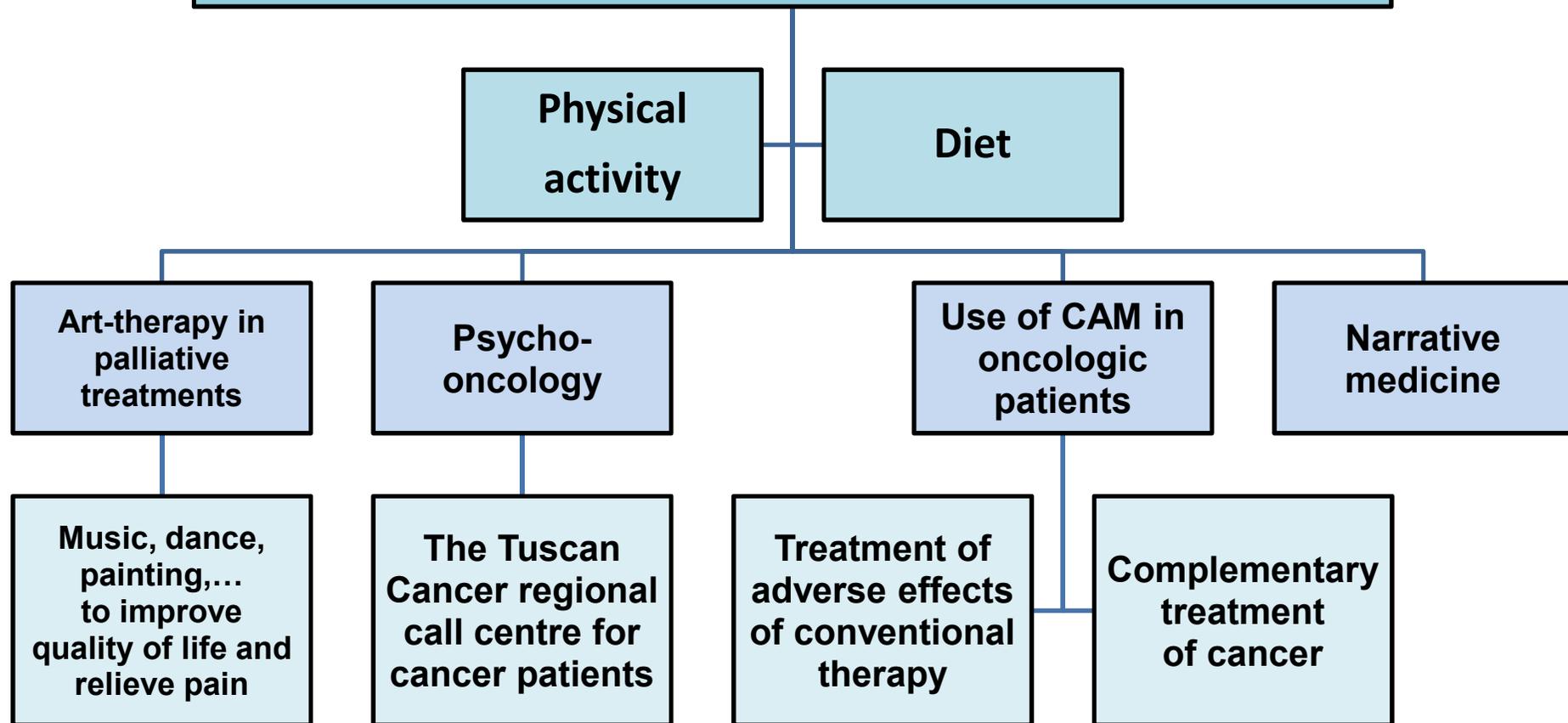
Complementary Medicine in Oncology



Gianni Amunni

- **Analysis of scientific literature (2005–2010) and clinical experiences about the use of Complementary Medicine in Oncology.**
- Research of **clinical evidence** of CM efficacy in treatment of cancer.
- Defining **evaluation and application of CAM techniques** useful on the base of the scientific literature
- **Training of the staff working in Oncologic departments.**
- **Spreading the possible use of CM onto the Oncologic clinics in the Health regional System**
- **Spreading information** about cost and benefit of the use of CAM among oncologic patients

Integrative approach to the cancer patient (integration to the anticancer therapy)



Network of the public clinics of CM in oncology in Tuscany

- **AUSL 2 Lucca:** Ambulatorio di medicine complementari e alimentazione in oncologia
- **AUO Careggi:** Ambulatorio di fitoterapia e agopuntura in oncologia
- **AUSL 10 Firenze:** Ambulatorio di agopuntura e MTC in oncologia
- **AUO 5 Pisa:** Ambulatorio di agopuntura e omeopatia nella Breast Unit oncologica
- **AUSL 9 Grosseto:** Ospedale di Medicina Integrata Petruccioli di Pitigliano – Ambulatori di terapia del dolore, Grosseto.
- **Hospice San Felice a Ema (Firenze):** cure palliative

Integration of complementary medicines in the Oncology Network of the Tuscan Tumor Institute



REGIONE TOSCANA
GIUNTA REGIONALE

ESTRATTO DAL VERBALE DELLA SEDUTA DEL 07-04-2015 (punto N 75)

Delibera **N 418** del **07-04-2015**

Proponente
LUIGI MARRONI
DIREZIONE GENERALE DIRITTI DI CITTADINANZA E COESIONE SOCIALE

Pubblicità/Pubblicazione Atto soggetto a pubblicazione su Banca Dati (PBD)
Dirigente Responsabile **KATIA BELVEDERE**
Estensore **MONICA BALLINI**

Oggetto
Integrazione delle medicine complementari nella Rete oncologica dell'Istituto Toscano Tumori.

Presenti

| | | |
|----------------------------|-----------------------------|-------------------------|
| ENRICO ROSSI | ANNA RITA BRAMERINI | ANNA MARSON |
| GIANNI SALVADORI | GIANFRANCO SIMONCINI | LUIGI MARRONI |
| VINCENZO CECCARELLI | STEFANIA SACCARDI | EMMANUELE BOBBIO |

Assenti

| | |
|-----------------------|-----------------------|
| VITTORIO BUGLI | SARA NOCENTINI |
|-----------------------|-----------------------|

Complementary medicine in cancer/anticancer therapy symptoms Grading 1A and 1 B

AGOPUNCTURE: for nausea and post-chemotherapy and post-surgery vomiting, in the different phases of pain, for vasomotor disturbances of iatrogenic menopause, xerostomia, and for the side-effects of radiotherapy;

HOMEOPATHY/HOMOTOXICOLOGY for vasomotor disturbances of iatrogenic menopause and for the side-effects of radiotherapy (radiodermatitis and mucositis).

PHYTOTHERAPY: is used to treat anxiety and depression, cancer-related fatigue, mucosites, nausea, vomit and pain

NUTRITION: specific diet (see Decalogue)

Composition of the Tuscan Integrative Oncology working group

General Manager (or his representative) of the competent Regional Direction in the field of right to health

3 expert oncologists identified by the Directory Board of the Tuscan Tumor Institute

Regional Reference Structures for CM
Azienda USL 10 of Florence for acupuncture and Chinese traditional medicin

Regional Reference Structures for CM
Azienda USL 2 of Lucca for homeopathy

Regional Reference Structures for CM
AOU of Careggi for phytotherapy);

To set up a working group formed by the General Manager (or his representative) of the competent Regional Direction in the field of right to health; by 3 expert oncologists identified by the Directory Board of the Tuscan Tumor Institute, the personnel in charge of the Regional Reference Structures for CM (Azienda USL 10 of Florence for acupuncture and Chinese traditional medicine, Azienda USL 2 of Lucca for homeopathy and AOU of Careggi for phytotherapy);

identification of the outpatient structures that can offer CM services at a regional level, with the coordination of the regional reference structures for CM

definition of the procedures that ensure appropriate inclusion of the “new offer” of CM in the oncology network;

starting with the experiences that the different regional reference structures have consolidated, drafting of therapeutic protocols to be used consistently over the regional territory;

identification of communicative strategies addressed to the citizen, to the oncology physicians and health workers of the Regional Health Service relative to the use of complementary therapies and practices not recommended to the oncology patient, as they lack demonstration of effectiveness, or are rather risky for the possible refusal of therapies of proven effectiveness;

development of methods designed to evaluate the results obtained in terms of effectiveness in controlling symptoms, costs/benefits of treatment, economic sustainability and reproducibility of the proposed procedure.

Tuscan Regional working group of Integrative Oncology

S. Baccetti



K. Belvedere



L. Fioretto



E. Rossi



F. Firenzuoli



G. Amunni



S. Bracarda





Regione Toscana



Servizio
Sanitario
della
Toscana

The experience of Tuscan Region in the European and international perspective





Health Promotion & Prevention

Screening & Early Diagnosis

Healthcare

Cooperation & Coordination In
Cancer Research

Cancer Data And Information

National Cancer Plans

The European Partnership for Action Against Cancer (EPAAC) was launched in 2009, after the European Commission published its Communication on Action Against Cancer: European Partnership.

The specificity of the Partnership is that it brings together the efforts of different stakeholders into a joint response to prevent and control cancer. In its initial phase, until early 2014, the work of the Partnership will be taken forward through a Joint Action (cofinanced by the EU Health Programme). The National Institute of Public Health in Slovenia has assumed the role of leader of the EPAAC Joint Action, which encompasses 36 associated partners from across Europe and over 90 collaborating partners.

!!NEW!! To see the EPAAC GANTT chart with all of the latest updates on project milestones and deliverables, please click [here](#).

Survey

How do you like our new website?

- Great
- Good
- Could Be Better

VOTE

Latest Tweets

A smoker's license: Too radical for tobacco control? goo.gl/Lp5mg
13 hours ago via [Visibli](#)

The Joint Action European Partnership Against Cancer EPAAC (2011-2014)



Josep Borrás



Sandra Rados



COMMISSIONE DELLE COMUNITÀ EUROPEE

Bruxelles, 24.6.2009
COM(2009) 291 definitivo

**COMUNICAZIONE DELLA COMMISSIONE AL CONSIGLIO, AL PARLAMENTO
EUROPEO, AL COMITATO ECONOMICO E SOCIALE EUROPEO E AL
COMITATO DELLE REGIONI**

Lotta contro il cancro: un partenariato europeo

Agopuncture, phytotherapy, homeopathy, homotoxicology and anthroposophy in oncology

Authors:

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Integrata*

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European Partnership for Action Against Cancer (EPAAC)

D5: Complementary and alternative medicine (CAM) in cancer
care Development and opportunities of Integrative Oncology

January 2014



Distribution of I.O. centres in EU



Summary data of the survey: centres contacted, respondents, respondent meeting inclusion criteria of the survey, and respondents meeting inclusion criteria and providing integrative oncology therapies.

| | total | | Italy | | other EU countries | |
|---|-----------|-------------|-----------|-------------|--------------------|-------------|
| | <i>n</i> | % | <i>n</i> | % | <i>n</i> | % |
| Contacted | 236 | - | 74 | 31.4 | 162 | 68.6 |
| Respondents | 123 | 52.1 | 53 | 43.1 | 70 | 56.9 |
| Respondents meeting inclusion criteria | 99 | 80.5 | 41 | 41.4 | 58 | 58.6 |
| Respondents meeting inclusion criteria and providing IO/ respondent centres | 47 | 47.5 | 24 | 51.1 | 23 | 48.9 |
| Respondents meeting inclusion criteria and providing IO /contacted centres | 47 | 19.9 | 24 | 32.4 | 23 | 14.1 |

6,5% (3) of centres included in the survey were identified thanks to cooperation of associated/collaborating partners of EPAAC.

Rossi E, Vita A, Baccetti S,
Di Stefano M, Voller F,
Zanobini A

Complementary and alternative medicine for cancer patients: results of the EPAAC survey on integrative oncology centres in Europe.

Support Care Cancer. 2014Dec 4;



[Related Articles](#)

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Abstract

BACKGROUND: The Region of Tuscany Health Department was included as an associated member in WP7 "Healthcare" of the European Partnership for Action Against Cancer (EPAAC), initiated by the EU Commission in 2009.

AIMS: The principal aim was to map centres across Europe prioritizing those that provide public health services and operating within the national health system in integrative oncology (IO).

METHODS: A cross-sectional descriptive survey design was used to collect data. A questionnaire was elaborated concerning integrative oncology therapies to be administered to all the national health system oncology centres or hospitals in each European country. These institutes were identified by convenience sampling, searching on oncology websites and forums. The official websites of these structures were analysed to obtain more information about their activities and contacts.

RESULTS: Information was received from 123 (52.1 %) out of the 236 centres contacted until 31 December 2013. Forty-seven out of 99 responding centres meeting inclusion criteria (47.5 %) provided integrative oncology treatments, 24 from Italy and 23 from other European countries. The number of patients seen per year was on average 301.2 ± 337 . Among the centres providing these kinds of therapies, 33 (70.2 %) use fixed protocols and 35 (74.5 %) use systems for the evaluation of results. Thirty-two centres (68.1 %) had research in progress or carried out until the deadline of the survey. The complementary and alternative medicines (CAMs) more frequently provided to cancer patients were acupuncture 26 (55.3 %), homeopathy 19 (40.4 %), herbal medicine 18 (38.3 %) and traditional Chinese medicine 17 (36.2 %); anthroposophic medicine 10 (21.3 %); homotoxicology 6 (12.8 %); and other therapies 30 (63.8 %). Treatments are mainly directed to reduce adverse reactions to chemo-radiotherapy (23.9 %), in particular nausea and vomiting (13.4 %) and leucopenia (5 %). The CAMs were also used to reduce pain and fatigue (10.9 %), to reduce side effects of iatrogenic menopause (8.8 %) and to improve anxiety and depression (5.9 %), gastrointestinal disorders (5 %), sleep disturbances and neuropathy (3.8 %).

CONCLUSIONS: Mapping of the centres across Europe is an essential step in the process of creating a European network of centres, experts and professionals constantly engaged in the field of integrative oncology, in order to increase, share and disseminate the knowledge in this field and provide evidence-based practice.

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Towards the construction of European Integrative Oncology networks

Ispra (Va) 17th January 2015



According to a survey conducted by the Tuscany Network of Complementary Medicine (RTMI), about 50 oncological hospitals in Europe integrate anticancer protocols with Complementary therapies.

These experiences, however, are still fragmented and not linked together; for this reason, one of the objectives that the RTMI intends to pursue for the future is to help create relationships between structures, associations and European institutions that deal with integrated oncology.

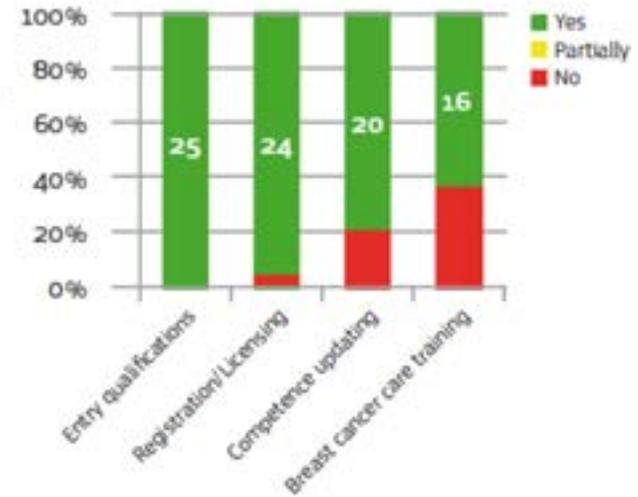
The meeting was organized by the Joint Research Centre (JRC), a European Commission structure, in close relationship with DG Health, provides the European political bodies independent technical and scientific advice.

ECIBC: facts and figures from the survey - 2

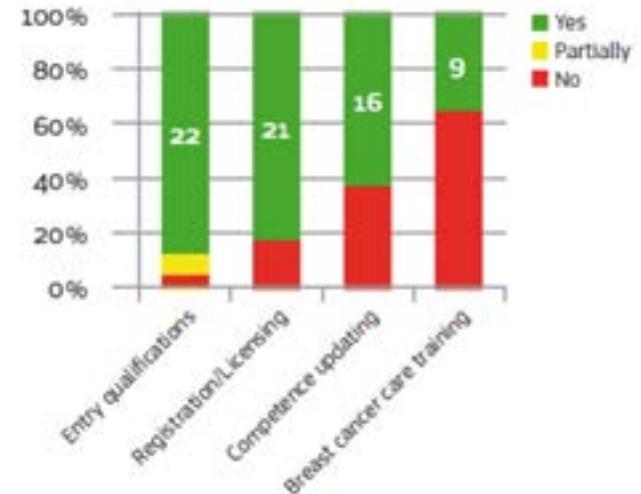
CAM (non-mainstream care, e.g. for improving QoL for induced menopause)



Competence requirements for physicians



Competence requirements for nurses



Ispra (Va) 2015: workshop of Tuscan Network Integrative Medicine and Joint Research Centre (JRC), Europea Commission

Meeting with the Tuscan Network for Integrated Medicine, Association

Friday, 16 January 2015
09:00 – 16:30

- 09:00 – 09:30 **Presentation of JRC's activities and the ongoing projects in the PHPS unit**
Ciarán NICHOLL
- 09:30 – 10:00 **Updates on the European Commission Initiative on Breast Cancer**
Luciana NEAMTIU
- 10:00 – 10:15 Coffee Break
- 10:15 – 10:45 **Complementary Medicine in Tuscany Region: Integration in the Public Health System**
Sonia BACCETTI
- 10:45 – 11:15 **Complementary and alternative medicine (CAM) in cancer care**
Elio ROSSI
- 11:15 – 11:45 **Presentation of the survey on the Integrative Oncology centres in Europe**
Mariella DI STEFANO
- 11:45 – 12:15 **Non-mainstream therapies in oncology: evaluating the evidence**
Lydie MEHEUS
- 12:15 – 12:45 **Discussion on possible areas for collaboration**
- 12:45 – 14:00 Lunch
- 14:00 – 16:30 **Continuation of discussion and conclusions**



European
Commission

Agenda

**Meeting with the Tuscan
Network for Integrated
Medicine, Association of
European Cancer Leagues
and Anticancer Fund**

JRC Ispra
Room 12a/12b

16 January 2015, 09:00 – 16:30

Joint
Research
Centre



Quality Assurance Scheme Development Group (QASDG) European Commission Initiative on Breast Cancer (ECIBC) JRC Ispra site, Ispra (Varese), ITALY

- The **European Commission Initiative on Breast Cancer (ECIBC)** is a project coordinated by the JRC. Its aim is to ensure and harmonise the quality of breast cancer services across European countries. The ECIBC will have four tasks:
- To develop the *New European Guidelines for breast cancer screening and diagnosis (New European Guidelines)*, which will continue the work of the [*4th edition of the European Guidelines for Quality Assurance in Breast Cancer Screening and Diagnosis*](#), published in 2006 by the European Commission.
 - To develop a voluntary *European Quality Assurance scheme* for breast cancer services (BCSs) (*European QA scheme*) based on the EU legislative framework on accreditation
 - To develop a European template of training on digital mammography
 - To provide a platform of guidelines for breast cancer treatment, rehabilitation, and follow-up
 - To develop a long-term web hub hosting all the deliverables.



Quality Assurance Scheme Development Group (QASDG) of the European Commission Initiative on Breast Cancer (ECIBC) - Ispra 9-11 September 2015



European experience developments of Tuscan Network Integrative Medicine : the project CanCon (Cancer Control)

Regional Act n. 159 on 03-03-2014

Tuscan Region participation to:

**«CANCON - European Guide on Quality Improvement
in Comprehensive Cancer Control» as leader of WP6.**

**Contribution to a Comprehensive Cancer Control model
that includes Complementary Medicines, starting from
evidence.**

Partecipazione to the European Action E39 COST

“Forests, Trees, and Human Health and Well-being ”

3rd European COST Action E39 Conference



Partecipation to the 1st European Forum of Dialogue in Medicine
**“The patient between Conventional
Medicine and Complementary Medicine”**



Bruxelles, 18 October 2007

1st Congress European Integrative Medicine (ECIM) Berlino 2008



**2° European Union
Homeopathy Day
EUROPEAN PARLIAMENT**

Bruxelles – 2nd April 2009

**Homeopathy and
Complementary
Medicine in Tuscany,
Italy: integration in the
Public Health System**





Invitation

Joint Meeting of the European Parliament Interest Groups
MEPs Against Cancer
and
MEPs for CAM

**Complementary and Alternative
Medicine (CAM): An investment in health**

Date: Thursday 27 June 2013, 9:00-11:00

Venue: European Parliament, Room JAN 6Q1

Keynote speech by EU Commissioner Tonio Borg

Complementary and Alternative Medicine (CAM): An investment in health (2013)



ECIM 2012 in Florence: results

- More than **1200** participants, more than **1000** medical doctors and health and wellness professionals.
- More than **500** scientific papers, **300** presentations, **200** i poster;
- **90** CAM associations partner of the congress and **50** companies as sponsor.



Project IDEASS City to city Belgrade (Serbia) 2005

http://www.ideassonline.org/stage/bros_view_eng.asp?id=27

**Moxibustion for the fetus
in the breech position**



UNOPS

University of Kragujevac (Serbia)



At the Homeopathic Society of Pancevo Vojvodina (Serbia)



Last mission in Serbia, Belgrade October 2014





Thank you for the attention

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